



**5 MINUTES FOR SAFETY**

**WARNING**  
This is not a guide or instruction manual.  
BASE jumping kills people just like you, every year.  
Bold = stupid. Successful jumpers study, learn, and control their ego.  
Get professional instruction and learn about your personal limitations so that you may fly within them.

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**AUSTRIA**  
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**RESCUE INFO**  
FLY SAFE

Form fields for personal information: FIRST NAME, LAST NAME, COUNTRY, EMERGENCY CONTACTS, DATE OF BIRTH, BLOOD TYPE, MEDICAL HISTORY & MEDICATIONS, INSURANCE / POLICY NUMBERS.



**STANDARD PRACTICES**

- 1 Base all decisions on current/expected weather, and personal abilities.
- 2 Identify flight checkpoints, escape routes and cruxes.
- 3 Be familiar with terrain prior to flight using maps, local knowledge, others with previous experience and personal assessment.
- 4 Know what is happening in your airspace at all times.
- 5 Plan the flight and fly the plan, while considering checkpoints and escape routes.
- 6 Account for the double edge sword of currency and complacency.
- 7 Be alert. Keep calm. Think clearly. Act decisively. Fly fast.
- 8 Did conditions change or deteriorate? Walk down, call rescue, or spend the night: discomfort is better than death.
- 9 Be 110% confident with all equipment. Ensure all systems are compatible, appropriate, comfortable, and functional.
- 10 Stay honest with yourself and your companions.

**DANGER DANGER**

- 1 Flying at slow speeds.
- 2 Unfamiliar with terrain.
- 3 No communication with jumping partners or ability to contact rescue services.
- 4 Soft, slick, unstable, or weak footing at the exit point.
- 5 Cannot visually see the landing area, and or respective terrain.
- 6 Changing weather, Föhn, or Chinook winds.
- 7 Ignorant of recent weather bulletin and local factors influencing weather behavior.
- 8 Physically affected by stress, fear, or fatigue.
- 9 Focused on camera flying or flight decisions based on obtaining video.
- 10 Multi way with new jumping partners.

**PREFLIGHT CHECK**

- 1 Pin check, bridle routing, zippers, and all appropriate gear inspections.
- 2 Helmet, goggles, chin strap, chest strap leg straps, booties, pilot chute, recheck zips.
- 3 Visualize line of flight and potential cruxes.
- 4 Identify checkpoints, escape routes and plan B.
- 5 Plan point of separation and pull box.
- 6 Identify precise landing area, identify possible dangers, and locate an alternative.
- 7 Assess exit point quality, performance requirements, and reassess weather.
- 8 Identify potential watchout situations and act accordingly.
- 9 Understand multiway considerations and communicate them thoroughly.
- 10 Physical and mental check in, focus, smile and execute.